



The Path Ahead: **120 years & beyond**

Annual Report 2023

**CHILDREN'S
AID
SOCIETY**
FOUNDED IN 1902

BEYOND
120
YEARS
BUILDING CAPACITY,
IMPACTING LIVES

Contents



Messages

Message from Our Patron	04
Message from Our Chairman & Executive Director	06

About Us

Corporate Information	09
Corporate Governance	10
Our Philosophy of Care	11
Patron & Executive Committee	12
Sub-Committees	13
Our Organisational Structure	14

2023 at a Glance

Our Year in Highlights	16
------------------------	----

Melrose Home:

Restoring Lives

About Melrose Home	24
Our Impact	24
Melrose Home Highlights	28
From Tutor to Mentor: A Decade of Dedication	30

Melrose Care:

Building Healing Relationships

About Melrose Care	34
Our Impact	34
Melrose Care Highlights	36
Healing through Art & Understanding	38

CAS Community:

Building Together

Community Catalysts: Your Fundraisers	42
Splashes of Change: Arthur & Jonathan's Charity Swim	46
Walking Together: Morgan Stanley's Journey with CAS	48
Our Team	50
Donor Acknowledgement	60

Financial Overview

Our Financials	70
Join Us in Transforming Lives	74

Message from Our Patron

Mr Desmond Lee

Minister for National Development, and
Minister-in-Charge of Social Services Integration
Patron of Children's Aid Society



The foundation of every thriving society lies in the strength of its families. In Singapore, families remain the bedrock of our society. I would like to thank Children's Aid Society for your unwavering dedication and commitment to building up families and helping vulnerable children.

Children thrive and bloom with love and care. A safe and stable home environment provides conducive conditions for our children to grow well and develop into resilient individuals. For children and youths facing abuse, neglect, or coping with complex family issues, additional support is crucial to

help them navigate these experiences. These challenges require tailored interventions to ensure that every child has the opportunity to succeed.

Over the years, the Government has partnered social service agencies to establish a robust support system. This is our commitment to safeguarding our children, particularly within the family setting. Programmes and initiatives that Children's Aid Society has supported, including Melrose Home, a residential care facility that focuses on building our children and young persons' relationships with their peers, families and communities, and its

partnership with National Council of Social Service to deliver Trauma-Focused Cognitive Behavioural Therapy to families in the community, have shown success in empowering families and protecting children.

Throughout its history, Children's Aid Society has remained committed to its mission of nurturing and protecting children in need. Its evolving programmes and services reflect the changing landscape of child welfare and its commitment to responding to these changes with compassion and innovation. Over the span of 120 years, it has been a beacon of hope, touching countless lives and fostering positive changes for such families and their children. This tireless work aligns with the Government's overarching vision to build a Singapore that is Made for Families. Children's Aid Society recently commemorated its 'Beyond 120' anniversary and shared with me the vision of Melrose Village. I look forward to your purpose-built facility, which aims to create a home-like setting for your residents, as well as a conducive environment where children, youths and their families can receive support through counselling and psychological services.

I commend Children's Aid Society for your unwavering commitment to helping our children and their families overcome adversity and flourish into the best versions of themselves, through its programmes and partnerships with the community. Together, we can ensure a brighter future for all.



Message from Our Chairman & Executive Director

Mr John Lim Chairman
Children's Aid Society

Mr Alvin Goh Executive Director
Children's Aid Society



As we stand at the threshold of a new chapter, we are profoundly moved by the extraordinary journey we have undertaken alongside our dedicated staff, donors, partners and volunteers over the past year. Our Beyond 120 anniversary, commemorating 120 years of service, was more than just a milestone; it was a poignant reminder for reflection and innovation.

In recent years, CAS has undergone a remarkable transformation, guided by a strategic shift towards a more cohesive approach. Anchored by our experience and nurtured by proven service models, our strategy is deeply rooted in a trauma-informed approach. It is through this lens that we are able to not only offer interventions but also empower the children and youths we serve.

As we reflect on the past year, the state of mental health issues among Singaporean youths remains a pressing

concern. According to a study published by the National University of Singapore in 2022, one in 10 teenagers grapples with at least one mental health disorder. This statistic underscores the urgent need for accessible, compassionate and effective professional support.

At Melrose Home and Melrose Care, we witness firsthand the diverse challenges faced by our clients. From familial discord to instances of severe abuse or neglect, each individual narrative speaks volumes of the trauma endured. It remains our mission to continue supporting these children and youths on their path to healing and growth.

Looking ahead, our commitment to relevance and collaboration remains steadfast. Our ongoing efforts to establish Melrose Village serve as a testament to our dedication to meeting the evolving landscape of mental health needs through the delivery of

integrated services. Through the generosity of our donors and partners, as well as our pledged reserves, we have garnered \$10 million for Melrose Village – an embodiment of our community's collective impact.

Events such as Golf for Good, Movie for Good and Dine for Good have not only raised funds but also strengthened our bonds with fellow advocates of our cause. With generous support, we anticipate the project to commence at the end of 2024.

Yet, as we chart our course of growth and expansion, challenges invariably surface. The intricate nature of our work underscores the importance of cultivating a dedicated team of professionals passionate about effecting meaningful change. With approximately 60 staff members, we recognise the indispensable role of a skilled and motivated team in delivering quality service. Hence, our commitment to enhancing staff retention and motivation stands as an imperative priority.

We would like to take this opportunity to extend our heartfelt appreciation to our Patron, Minister Desmond Lee, and the Ministry of Social and Family Development (MSF), particularly the team at Children in Care Service, as well as the National Council of Social Services (NCSS), for their guidance and support throughout the past year.

To our dedicated staff, members of the Executive Committee and Sub-Committees, as well as our generous donors, committed partners and passionate volunteers, we extend our deepest gratitude.

“As we embark on the next chapter of our journey, we invite you to join us in our mission to cultivate a trauma-informed community.”

Your continued support, through donations, volunteering or advocacy, is the key to realising our vision. Together, let us create a lasting impact on the lives of the children, youths and families we serve.

About Us

Established in 1902, Children's Aid Society (CAS) is amongst Singapore's oldest secular philanthropic organisations. Through our two services, Melrose Home and Melrose Care, we provide residential care and specialised therapies to support children and youths who have experienced adverse life circumstances such as abuse or neglect. Our services seek to mitigate the impact of these circumstances so that the children and youths have better outcomes in terms of mental health, educational attainment and can engage in healthy relationships with peers.

Our Vision

Successful Lives,
Stable Families,
Strong Community

Our Mission

To help children and young persons in need so that they can succeed and contribute to their families and society



Our Services

Melrose Home

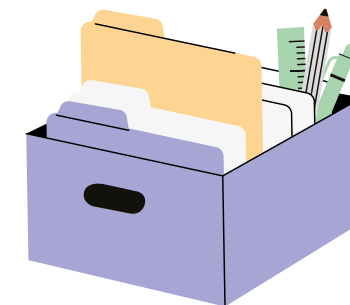
A residential home offering round-the-clock care and support to children and youths aged six to 21 years old who are experiencing adverse family circumstances or child protection issues

Melrose Care

A community-based agency offering subsidised counselling and specialised therapies for children, youths and families



Corporate Information



Date of Registration as a Society:	19 December 1962
Date of Registration as a Charity under Charities Act (Chapter 37):	14 February 1984
UEN Number:	S62SS0031K
Institution of a Public Character No.:	IPC000456 (Accorded till 31 March 2025)
Registered Address:	35 Boon Lay Avenue, Singapore 649962
Charity Trustees Bankers:	HSBC Trustee (S) Ltd
Bankers:	The Hongkong & Shanghai Banking Corporation Ltd, United Overseas Bank Ltd
Auditors:	RSM SG Assurance LLP <i>This audit firm was known as RSM Chio Lim LLP before 1 March 2024</i>
Honorary Legal Advisors:	Allen & Gledhill LLP
Honorary Doctors:	Drs Bain & Partners, Chang Clinic
Honorary Advisors:	Dr Chang Tou Liang - Medical Practitioner

Corporate Governance

CAS is committed to a high standard of compliance with accounting, financial reporting, internal controls, corporate governance and auditing requirements and any legislation relating thereto. In line with this commitment, the following policies are in place:

Conflict-of-Interest Policy

All members of the EXCO, Sub-Committees and staff of CAS are required to read and understand the Conflict-of-Interest Policy in place and provide full disclosure annually of interests, relationships and holdings that could potentially result in a conflict of interest. The members and staff have fully complied with the Conflict-of-Interest Policy.

Whistle-blowing Policy

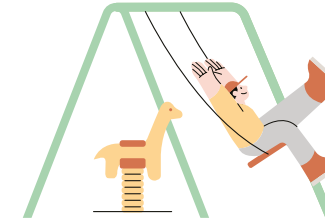
Our Whistle-blowing Policy is intended to provide an avenue for employees and other stakeholders to raise serious concerns and offer reassurance that they will be protected from reprisals or victimisation for whistle blowing in good faith. It also serves to deter malpractice and promote the best practice of corporate governance at the workplace. The Audit Sub-Committee is responsible for the maintenance and operation of this policy.

Succession Planning Policy

Succession planning is an ongoing consideration of the EXCO. When an existing EXCO member chooses to retire or the need for a new EXCO member arises, the EXCO reviews the range of expertise, skills and attributes of the EXCO and the composition of the EXCO. Once a suitable candidate has been identified, he/she will be co-opted as a Sub-Committee member for exposure to the work of CAS. After a period of observation of at least six months, the Sub-Committee member who demonstrates core competencies, skills, experience and commitment may be appointed as an EXCO member.



Our Philosophy of Care



01. Physical and Emotional Safety

Everyone we work with should experience a sense of physical safety and calm in our spaces.

03. Choice

Clients should have choice and control over the services they receive. Small choices are built into programmes and interventions. These include giving clients a say over the place and time of contact, and even the language used, to respect their sense of agency.

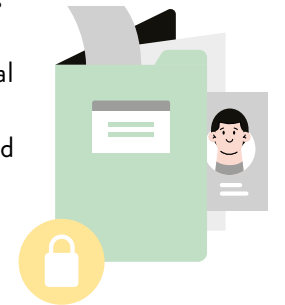
05. Empowerment

As we develop and deliver programmes for clients, we must recognise that they are striving for ways to improve their lives and participate as valued members in the society. Therefore, our work is to help them develop new skills or enhance existing ones. Whatever the challenges of their past, we want our clients to feel safe, to heal, and eventually, to thrive.

02. Trustworthiness

Our clients are entitled to information about their lives and their care: what is to be done, by whom, when, why it is being done, and under what circumstances. Everything should be explained as clearly as possible. In addition, we keep boundaries respectful and professional.

This encompasses everything from managing personal information to physical touch and contact outside of professional appointments.

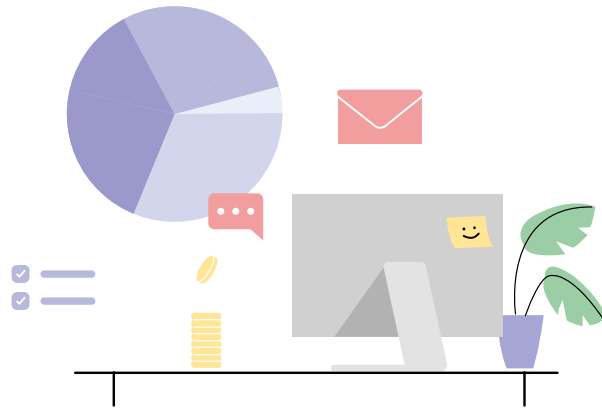


04. Collaboration

Our clients are partners and co-creators in their care, not passive recipients of our help. Our services emphasise a collaborative spirit where clients' voices are heard. Power does not reside in our staff but is shared by all parties involved.



Patron & Executive Committee



Patron

Mr Desmond Lee

Minister for National Development, and Minister-in-Charge of Social Services Integration

Executive Committee

Disclosure of EXCO Meetings & Attendance		Total no. of EXCO meetings (including AGM): 6
Position	Name	Attendance
Chairman	John Lim	6/6
Vice Chairman	Stephen Yeap	4/6
Honorary Secretary	Josephine Koh	5/6
Honorary Treasurer	Bernard Yu (Jun 2023 onwards)	4/4
Member	Johnny Quah	2/6
Member	Dr Christine Tan	6/6
Member	Lai Su Yim	5/6
Member	Dawn Ng	5/6
Member	Genevieve McCully-Tan	3/6
Member	Dr Mardiana Bte Abu Bakar (Jun 2023 onwards)	4/4

Sub-Committees

Audit

Chairman: Johnny Quah

Chun Kwong Chee
Lim Koon Chai

| Stephen Yeap
| Yarman J. Vachha

Children & Programmes

Chairman: Dawn Ng

Candice Chia (Feb 2023 onwards)
Dr Mardiana Bte Abu Bakar
Fajariah Binte Saban

| Nelly Kwa
| Ng Su Fen
| Peggy Desker

Finance

Chairman: Bernard Yu (Jun 2023 onwards)

Gurbinder Singh Mohan Singh

| Nick Lai

Fundraising

Chairman: Genevieve McCully-Tan

Catherine Ho (Jan 2023 onwards)
Crystal Seah
Faye Ong

| Josephine Koh
| Kelvin Wang
| Lynette Ang

Staff & Administration

Chairman: Lai Su Yim

Candice Chia (Feb 2023 onwards)
Low Sha-Ron
Low Siew Beng

| Mohd Norhelmy Bin Ja'afar
| Stephen Yeap

Melrose Care

Chairman: Dr Christine Tan

Dr Mardiana Bte Abu Bakar
Haridas Devi

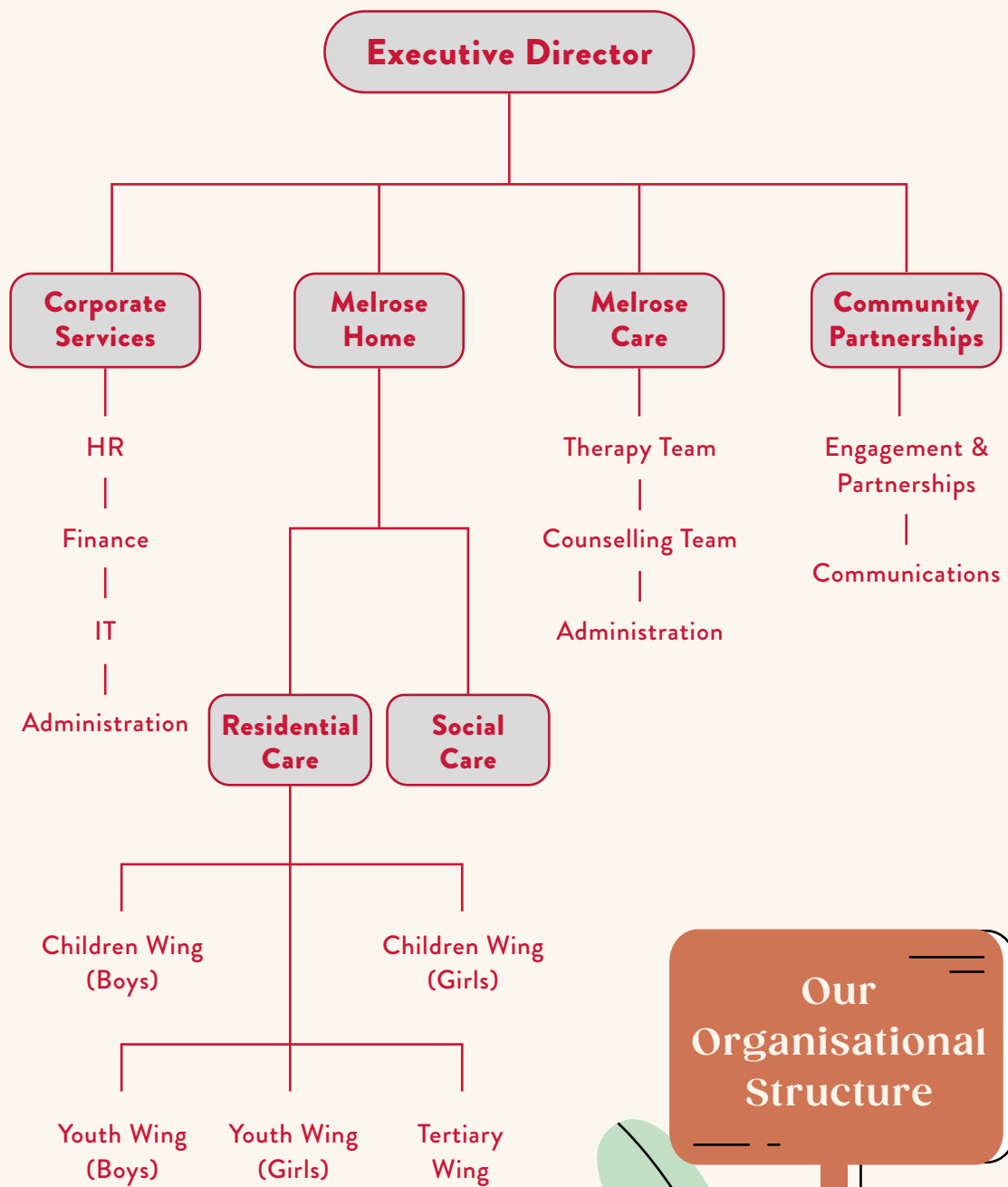
| Ng Siau Hwei

Nominations

Chairman: Stephen Yeap

John Lim

| Josephine Koh



**Our
Organisational
Structure**

2023 *at a glance*

\$ 4.8 Million

In Donations Raised

56

Melrose Home
Residents Supported

332

Melrose Care
Clients Served

195

Active
Volunteers



Our Year In Highlights



Golf for Good



In 2023, we commemorated 120 years of caring for children and youths, kicking off our series of fundraising events with Golf for Good. 60 golfers and partners gathered under the sun on 12 April for our inaugural golf event at Tanah Merah Country Club. With Mr Eric Chua, Senior Parliamentary Secretary of the Ministry of Culture, Community and Youth & Ministry of Social and Family Development, joining us as the Guest-of-Honour, we raised a whopping \$104,000 for Melrose Village!

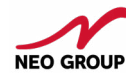
60 golfers and partners

\$104,000

• Platinum Partner •



• Gold Partners •



• Hole-in-one Partners • • Circle-in-one Partner •



• Supporting Partners •



Amount raised is before Tote Board matching grant

Watch the magic here!

Movie for Good

On 8 July 2023, over 300 donors and partners of all ages filled the theater at Shaw Theatres Lido for the screening of "Ruby Gillman, Teenage Kraken". The result? A sensational \$52,460 raised! Dive into the enchantment in our recap video.

Gold Partner



Silver Partner




Giving Hope. Improving Lives.



Amount raised is before Tote Board matching grant

Dine for Good

On 25 August 2023, Shangri-La Singapore transformed into a magical haven for Dine for Good. With 270 dazzling attendees and our Patron Mr Desmond Lee as the Guest-of-Honour, we lit up the night! Melrose Home residents stole the show with their performance, and we dazzled with auctions and raffle draws, amassing \$465,169 for Melrose Village!

 **270 guests**
 **\$465,169**



Ruby Partners

Artemis Healthcare
The Sylvan Group

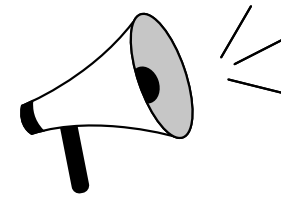


Sapphire Partner

ZICO



Amount raised is before Tote Board matching grant



Dine for Good Top News Coverage

We received extensive media coverage from prominent outlets including Channel NewsAsia, The Straits Times, Lianhe Zaobao, and 8World, among others. We were grateful for the opportunity to share our mission and the impact of our work with the public!



Children's Aid Society now \$15m away from rebuilding home

Shermaine Ang

The Children's Aid Society aims to hit its \$22 million target by 2024 to build Melrose Village, a residential care service and a counselling centre for children and youth suffering from trauma.

On Friday, it took another step towards that goal when it managed to raise about \$400,000 at its Dine for Good gala dinner at the Shangri-La Singapore. The money will help it rebuild its new home, to be located in Clementi Road.

It has now raised nearly \$7 million since announcing its plans in 2019 to build the village.

The charity, one of Singapore's oldest, also marked its Beyond 120 anniversary celebration on Friday.

The children's home, which is Singapore's oldest, moved from the Clementi Road building it had occupied for about 50 years to a temporary site in Boon Lay Avenue in 2019. Its premises in Clementi Road were deemed unsafe for habitation due to asbestos contamination. Asbestos, which was once used in building materials, can cause serious health issues such as cancer. Its use has been banned in Singapore since the late 1980s.

Slated to be completed in mid-2026, the new Melrose Village will have a more homely living environment for children and youth with a history of trauma, as well as facilities for family visitations, counselling and specialised therapies.

Minister for National Development Desmond Lee, the guest of honour at Friday's dinner, said in his speech: "A safe and stable home environment enables our children to grow up into resilient individuals and realise their full potential."

"Unfortunately, that is not the case for some children. For those



who experience abuse, neglect, or are struggling with family and social issues, they need even more support to help them overcome the trauma and to flourish.

"Ultimately, the work of our society is to ensure that there are families for every child to be taken care of, whether they are natural families, or the community as a family."

He cited the story of a resident, Amanda (not her real name), an 18-year-old who was admitted to Melrose Home in 2021 after her parents inflicted excessively harsh punishment on her.

The home taught Amanda coping



Nations Development Minister Desmond Lee delivers speech at Dine for Good fundraiser for Children's Aid Society at Shangri-La Singapore on Friday. ST PHOTO AZMI ATI

妙乐村收容所翻新 2200万元筹款总目标仍未达



国家发展部长兼社会服务部长李智勇出席晚宴致辞指出，家庭是社会的基石，但并非每个人都幸运地拥有圆满和谐的家庭，能够适当地支持和引导成长中的孩子。（海峡时报）

配合成立120周年庆，儿童援助协会为翻新“妙乐村”收容所举办慈善筹款晚宴筹得约41万元，帮助需要关爱和舒心成长环境的儿童和青少年。

儿童援助协会（Children's Aid Society）多年来为因虐待、忽视、家暴、性侵等伤害而造成心理和情感创伤，或身处其他不良家庭环境的儿童和青少年提供住所和服务。



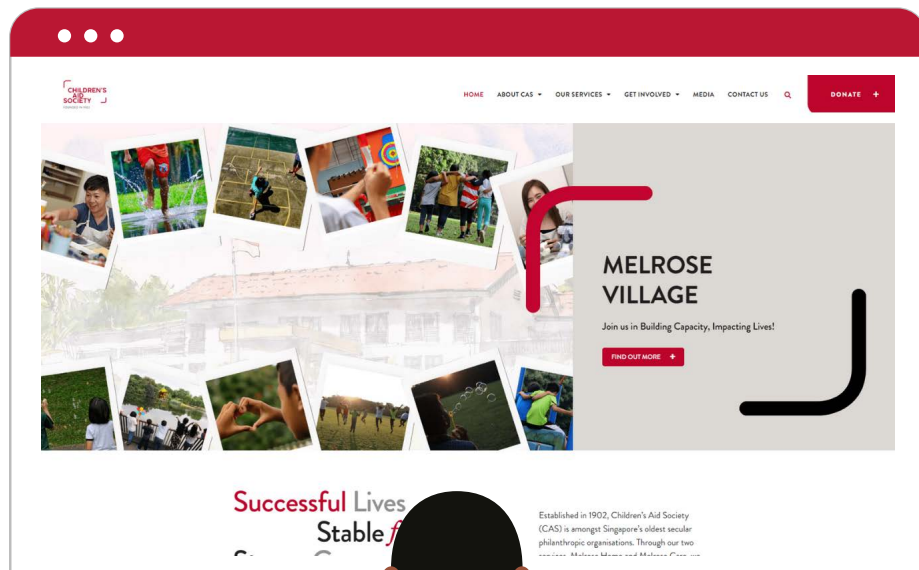
ALVIN GOH
Executive Director, Children's Aid Society

Website Revamp

Our website has undergone a makeover!
Explore our mission and goals, and
discover how you can get involved.



*Head to our
website!*

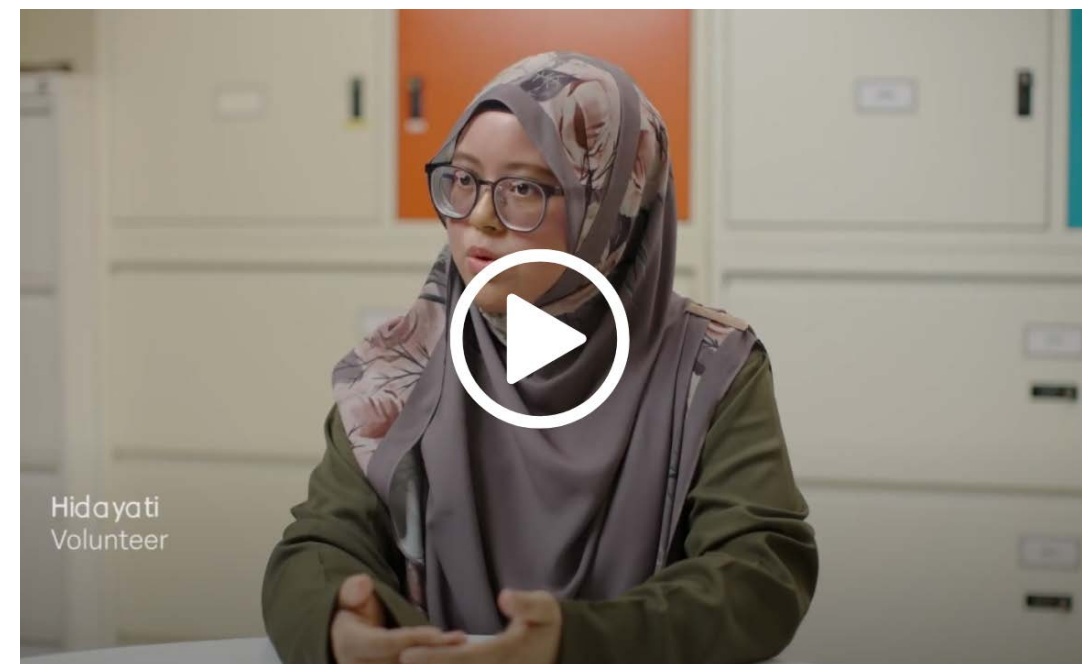


Our Corporate Video

Lights, camera, action! We unveiled
our spectacular corporate video in 2023,
showcasing our history, values and the
extraordinary impact we have created
alongside our amazing donors, partners
and volunteers!



Watch the video!



Melrose Home

Restoring Lives



About Melrose Home

Melrose Home is a residential home for children and youths aged six to 21 years old who are experiencing adverse family circumstances or child protection issues. Our children and youths are referred by the Ministry of Social and Family Development (MSF), and need intervention to be removed from their homes or families due to safety reasons.

Melrose Home forms part of Singapore's out-of-home care sector, which is usually seen as a last-resort, temporary arrangement, until it is safe for the children and youths to return home to their families.

As a result of the abuse they have experienced, our residents struggle with trauma symptoms that may not have been adequately addressed. At Melrose Home, we create a care environment that increases their sense of safety, resilience and capacity to become empowered, independent and collaborative individuals.

Our Impact

Admitted
7 new residents

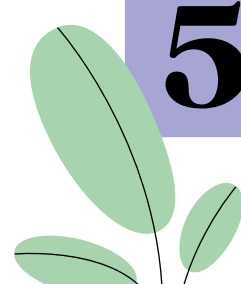
Engaged with
56 families,

extended families and informal social support networks through the services

Supported

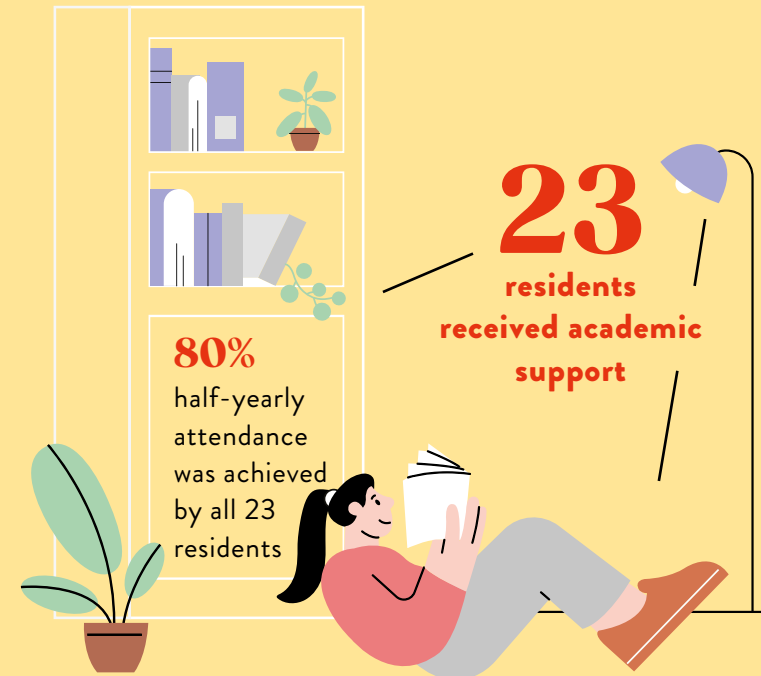
56 residents

In 2023, we ...



Academic Support Programme

CAS engages full-time adult tutors committed to providing tutoring sessions once or twice a week to the residents. These tutors possess the ability to gauge the resident's mental state, adapting the lessons and interactions accordingly.



1179 sessions were conducted

1448 hours of academic support were provided

79% of the residents improved or sustained grades in their year-end exams

100% of the residents showed improvements or attained a score of 3 or higher in proficiencies related to self-regulation, time-management, self-motivation and organisation

Therapy Programme

This programme taps on trauma-informed and trauma-focused therapy services provided by Melrose Care as well as additional vendors to support the therapeutic needs of our residents. The overarching goal is to mitigate trauma symptoms, as well as behavioural and emotional issues.



498 sessions were conducted

61% of residents

showed a reduction in CATS¹ and SDQ² scores

¹ Child and Adolescent Trauma Screen

² Strengths and Difficulties Questionnaire



CAS Independent Living Programme

A two to three-year programme designed to empower our youths aged 17 and older, facilitating their transition into self-sufficient and independent adulthood while making meaningful contributions to the community.

This programme is supplemented with a Housing Programme for youths with little or no family support, in which residents move into an apartment in the community and co-pay the rent.

Additionally, a Savings Programme is integrated into this initiative, where CAS augments their savings by \$100 per month upon the fulfilment of key criteria such as consistent school attendance or workshop participation.

8

residents participated in the Independent Living Programme



18 skill-building sessions, such as cooking workshops and financial literacy sessions, were conducted



4 residents

were also a part of the Housing Programme, and made a successful transition into an HDB flat in July 2023

5 residents

accumulated a minimum of \$600 each in extra savings through the Savings Programme

Melrose Heroes

A one-year skills programme delivered by the residential care staff that aims to raise awareness about independent living and the issues faced during various stages of the residents' lives. This programme is inclusive of all age groups, and the curriculum is tailored to align with the developmental stages of the residents.



77 sessions were conducted

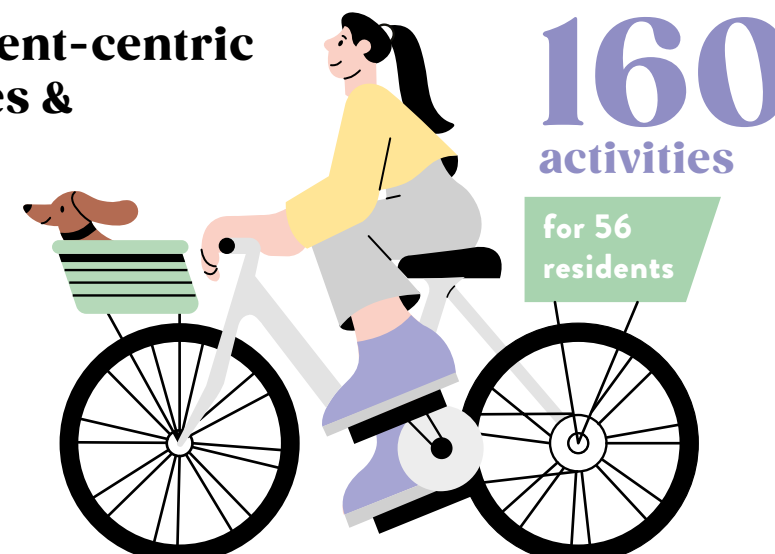
35 residents successfully identified their personality traits and strengths

36 residents articulated their personal boundaries, including physical, relational and communication boundaries, recognising their significance in relationships with both self and others

33 residents established a job profile, wrote a resume or acquired interviewing skills and techniques

Other Resident-centric Programmes & Activities

Includes leisure and physical activities e.g. movie outings, library visits, cycling, hiking



Melrose Home Highlights

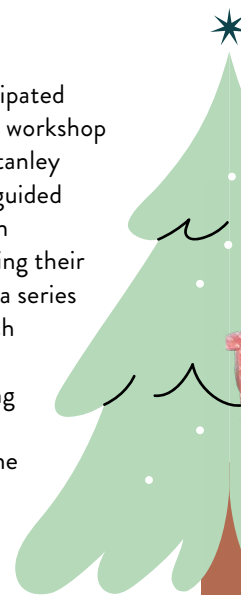
Cyberwellness Workshop with ST Telemedia (STT)

Thanks to ST Telemedia's (STT) digital inclusion initiative, 14 of our youths engaged in an enriching workshop that delved into two crucial themes: Cyberbullying and Managing Online Relationships, empowering them to safely and confidently navigate the digital realm. The workshop, which saw the enthusiastic participation of the youths, marks the second digital literacy skills workshop sponsored by STT for the local community. The company previously held a cybersecurity awareness talk for our CAS employees to build up their cyber know-how and better support their clients.



Robotics Workshop with Morgan Stanley Singapore

11 of our children participated in an enriching robotics workshop organised by Morgan Stanley Singapore. Volunteers guided the eager participants in building and programming their robot cars to complete a series of designated tasks, such as spinning, stopping, reversing upon detecting obstacles, and even playing the cheerful tune of "Happy Birthday".



Pontiac Land Group's Study Award Presentation

Our children and youths were recognised and celebrated for their outstanding progress and academic improvements in 2023. In addition to receiving a special sum of money from Pontiac Land Group dedicated to boosting their savings, they were also delighted with Christmas presents that were carefully chosen from their wishlists!



Franklin Templeton's Financial Literacy Workshop

Our youth residents participated in a financial literacy workshop conducted by Franklin Templeton in Singapore, where they explored the path to financial freedom using a unique financial Monopoly game that had it all - happiness, health, market ups and downs, and even insurance. The goal of this game? Achieve financial freedom and retire in style. Many of our residents successfully reached that milestone!

BD's Christmas Gifts for Melrose Home

BD associates lit up our holiday season with a generous contribution of presents and essential goods for the residents and staff at Melrose Home. Their thoughtful gesture added a touch of brightness to the festive spirit in December.

From Tutor to Mentor:

A Decade of Dedication



Wan Chee

Melrose Home tutor of 10 years

It started off just as a part-time job to earn some extra cash during Ng Wan Chee's university days. But little did she know this encounter with Melrose Home would change her life dramatically.

For the last 10 years, Wan Chee has been a familiar face to the children and youths at Melrose Home. Under the Academic Support Programme, she comes down twice a week to tutor students in maths and science subjects.

Wan Chee saw firsthand how these children from difficult backgrounds often struggle academically due to inadequate support systems, exposure to trauma affecting cognitive development, and limited access to resources needed for them to succeed. This resulted in significant disparities in academic performance compared to their peers.

As a result, many of the Melrose Home residents end up lagging in school, and later in life.

For these youths, even being able to get to Normal (Technical) or Normal (Academic) is a "victory", says Wan Chee. And when it comes to pursuing career choices, they end up not dreaming bigger.

"There's a very stark difference between what these youths are going through and what the education system in Singapore demands... There's a mismatch," says Wan Chee.

Targeted support can help close that gap, she explains.

With better grades, the youths end up in a more conducive environment where the teachers and friends inspire them to be better versions of themselves. In short, education helps them make better choices in life.

In this regard, Wan Chee strives to be a "constant" in the residents' lives.

Under her guidance, Wan Chee has seen her students progress rapidly. For instance, one of her students showed little energy in life and toyed with the idea of being a barista after graduation. The student eventually made it to the GCE N-Level, which spurred her to prioritise higher education.

In another success story, Wan Chee recalls a heartwarming message from a student,

"The student thanked me for being the constant in her life. For some, they don't have a stable family or someone in their life they look up to or go to for advice... In a way, we are the constant in their lives who wish to see them do well."

Wan Chee's passion for her students is evident. Even today, she meets up with her students to catch up on life, be it celebrating Christmas or enjoying a hotpot during Chinese New Year. Her first batch of students are already in their twenties. One student is currently working as a preschool teacher in London after completing a three-year bond in early childhood education, while another student is juggling a full-time job while studying part-time.

On top of that, a lot of them still go to her for life advice, seeking advice on which diploma course they should pursue or what jobs to switch to.

One Melrose Home resident ended up studying accountancy at a local ITE. "My advice for her was to save enough money and be very clear about what she wants, before she chooses her degree. Not having had a stable home her entire life, she was working hard to get a house," recounts Wan Chee.

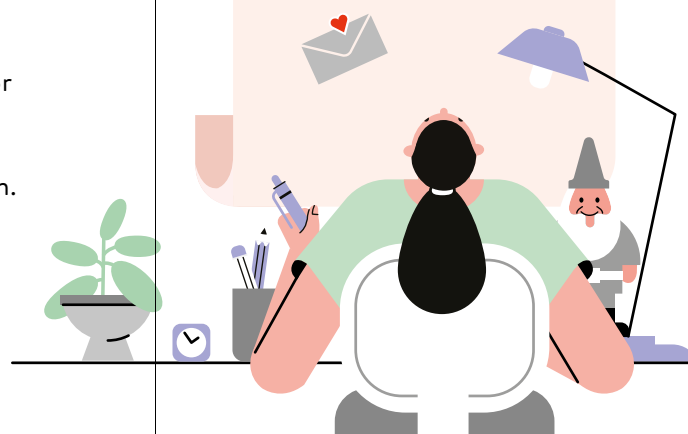
Seeing them do well in life and building their dreams gives Wan Chee the greatest sense of fulfilment.

The team is constantly looking out for new tutors to join the Academic Support Programme, to cater to the growing needs.

Most importantly, they must be willing to commit, and have passion and compassion towards this group of residents.

In return, the Melrose Home residents have taught Wan Chee immeasurable life lessons as well. In 2020, she was motivated to upgrade her skills to become a financial consultant.

"As they advance and grow in life, it serves as a reminder for me to grow myself too, and not to rest on my laurels... At the end of the day, beyond the academic grades, teaching these youths brings the greatest reward, more than I could imagine," says Wan Chee.



Melrose Care

*Building Healing
Relationships*



About Melrose Care

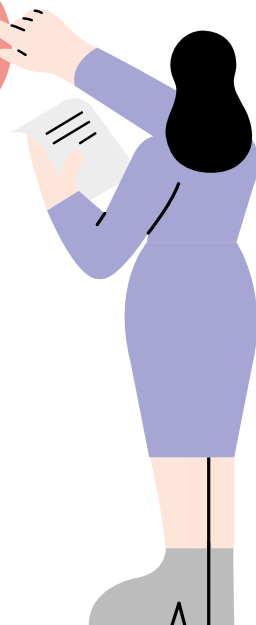
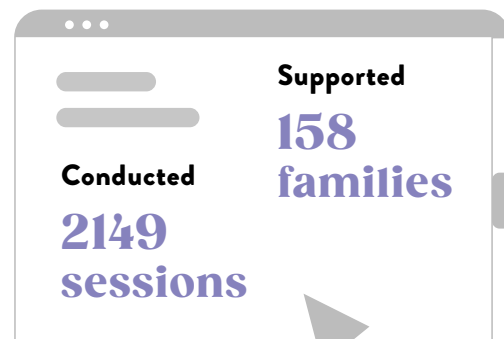
Melrose Care is a community-based agency that provides counselling and specialised therapies.

We support children and youths aged seven to 17 who have difficulties managing emotions or behaviours, and/or have a history with trauma.

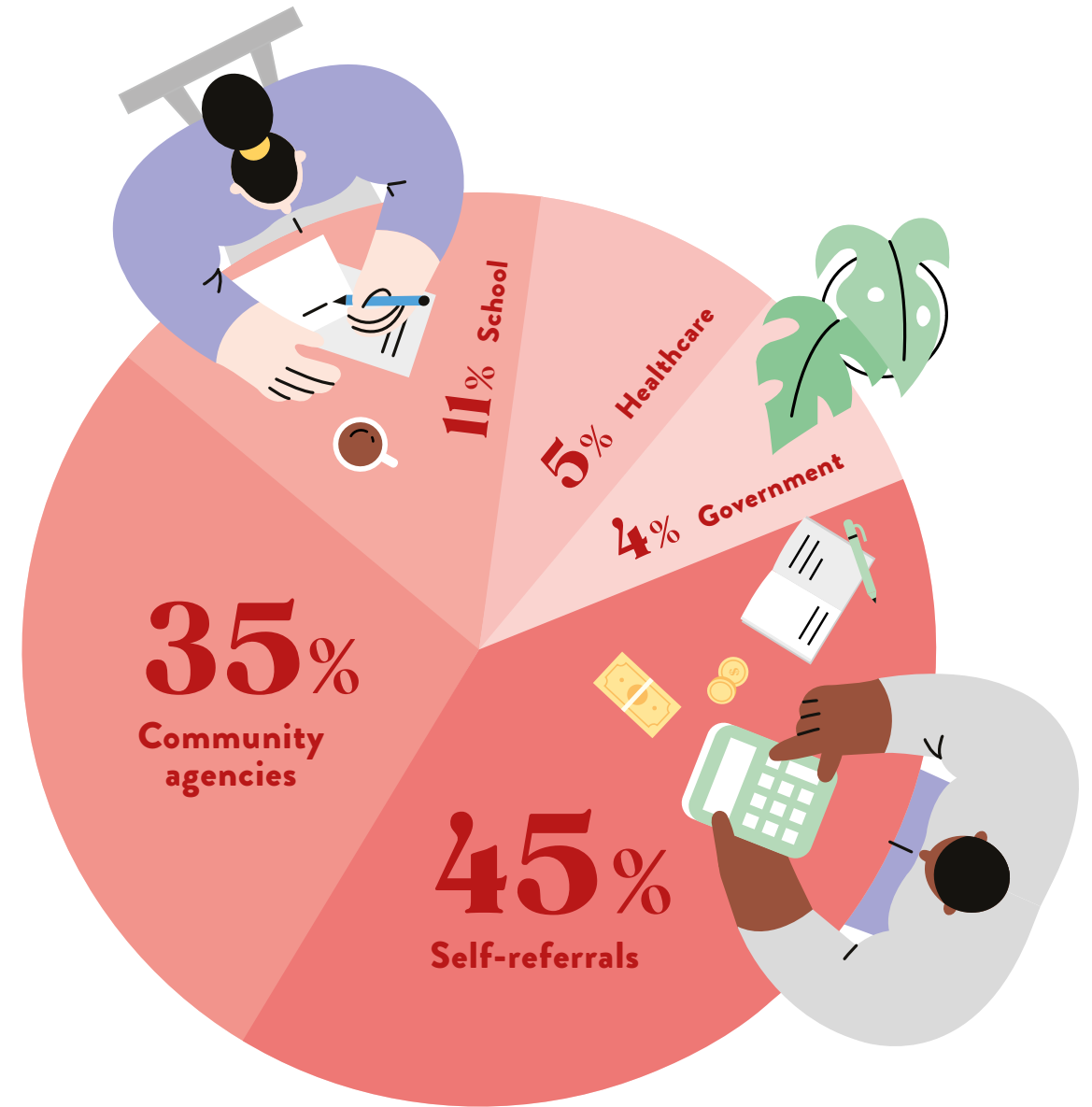
We also support adult caregivers who have been impacted by Adverse Childhood Experiences (ACEs), and whose own trauma history affects their caregiving responsibilities.

Our Impact

In 2023, we ...



Referral Breakdown



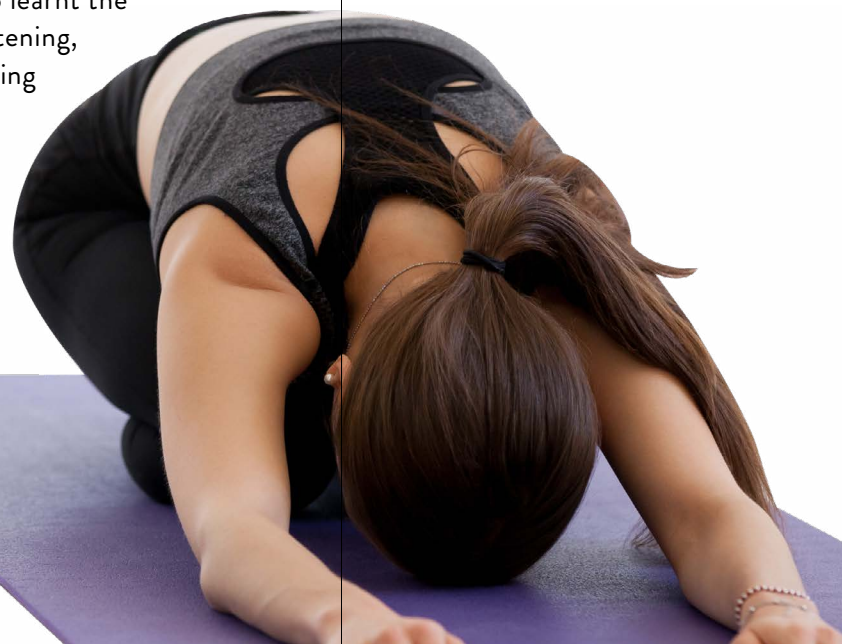
Melrose Care Highlights



Group Work for Caregivers

From May to July 2023, Melrose Care held a workshop consisting of six sessions with the aim of providing guidance and support to caregivers. The workshop covered various topics, including having a deeper understanding of the parent role, and gaining practical skills related to child development.

Participants also engaged in self-exploration, fostering self-compassion, and honing self-regulation skills. The participants felt that they gained a comprehensive understanding of the various aspects of their identities, and recognised the importance of self-regulation as a prerequisite for effectively guiding and supporting their children. They also learnt the importance of active listening, and found value in learning proper breathing techniques to help manage their own emotional state.



TIC-Talk

16 foster parents who were registered with PPIS Oasis participated in a workshop on trauma-informed caregiving in December 2023. The workshop was conducted using experiential learning methods including body-based exercises and group discussions.

The participants enjoyed hearing about shared struggles and unique solutions in their foster-parenting journey. They also reflected learning about new strategies to engage and connect with children in their care.

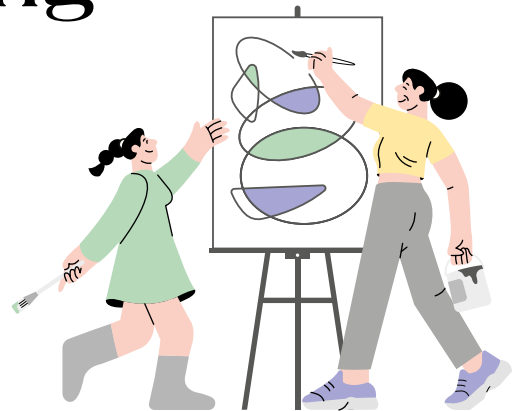


Trauma-Sensitive Yoga

From May to June 2023, a series of five trauma-sensitive yoga sessions was conducted for the female youth residents at Melrose Home. The sessions aimed to support these young individuals to reclaim their bodies by experiencing and building a greater sense of bodily awareness, safe connection with themselves, and empowerment as participants were supported in taking effective action to change how they feel in their body, which has often been subjugated due to traumatic experiences.

Many participants reported experiencing new sensations in their bodies during these sessions. This was particularly significant because trauma often leads to a disconnection between individuals and their bodies. The yoga sessions aided them in establishing a renewed and more positive relationship with their bodies using invitational language and choice making.

Healing through Art & Understanding



*Name has been changed to protect the identity of the client.

Juggling personal struggles while raising teenagers isn't easy, but that was the situation faced by Mdm Linn Chan.

Her teenage daughter Ruth* had difficulties with social communication, which made school life challenging. Ruth struggled to communicate with others and was often bullied in school.

On top of caring for her children, Mdm Chan had to balance other challenges like work, her declining physical and emotional health, and household responsibilities. As for Ruth, although she was seeing a school counsellor, the 15-year-old struggled to open up in a school setting. Mdm Chan was at a loss on what to do. The stress took its toll, leading to tension at home.

Connecting Through Art

Things started to improve when Ruth was referred to Melrose Care and began attending sessions with senior art therapist, Jeanette.

"Away from the stressful and rigid school environment, Ruth has the freedom and space to express what she wants to say without getting put down... There was a lot of grace and empathy shown by the therapist," said Mdm Chan.

Mdm Chan also participated in parent-child art therapy sessions.

In doing art together, it became a "two-way exchange of ideas" where both mother and daughter were on equal footing and could share their thoughts freely.

Mdm Chan also observed how Jeanette interacted with Ruth and picked up tips and keywords on how to better communicate. For instance, Mdm Chan learnt to speak at her daughter's level, and see things from her daughter's point of view. Another important skill was to offer a compassionate listening ear and let her child talk without judgement.

"I realised that I carry a lot of stress and emotional burdens from my personal struggles, which can affect Ruth. Through the sessions, I learnt to pull back and stop focusing too much on my own problems, but to focus on what my child is trying to tell me," said Mdm Chan.

Most importantly, both mother and daughter learnt to build a common understanding. "We learnt to understand each other better. Even though we flare up and get upset, we still love each other," she added.

Resolving Past Traumas

Beyond the art therapy for her daughter, Mdm Chan also received personal support. Art therapist Jeanette saw the need to provide caregiver support and referred her to counsellor Madeline.

She found that the experience with Melrose Care was "truly informative and eye-opening." Through the counselling sessions, Mdm Chan learnt to understand how her mind worked.

"My counsellor noticed that I could be talking about one topic and then switch channel and then switch back. It seems that there are so many departments in my mind and all of the departments working concurrently all at once," she explained.

But the real breakthrough was in being able to address and resolve past traumas, even all the way back to childhood. Through techniques like deep breathing and learning to observe

her thoughts, it helped her manage her emotions. She began to reframe negative thoughts and how to better communicate with her family. In her free time, she also found healing in other hobbies, such as doing abstract art and learning to play the guitar.

In January 2024, Mdm Chan agreed to be discharged from counselling as she reported coping well with her depression symptoms. Mdm Chan also reflected an increased understanding of her 'self' at the point of case closure.

She has observed major changes in Ruth as well. Ruth is now more comfortable to open and talk about how she feels. With more two-way communication and trust, the mother-daughter relationship has also improved because they have a greater understanding.

"I've seen a closure of my past traumas and learnt to accept who I really am. My children benefit because they need a healthy mum."

Mdm Chan
Melrose Care Client

CAS Community

Building Together



Community Catalysts:

Your Fundraisers

ExxonMobil Asia Pacific Pte Ltd and FairPrice Group

In conjunction with the celebration of 20 years of alliance partnership between ExxonMobil Asia Pacific Pte Ltd and FairPrice Group, the ninth Charity Car Wash initiative was held at six Esso stations. Approximately 200 volunteers, equipped with scrubs, towels and cheerful expressions, diligently cleaned cars at the designated sites. More than \$100,000 was raised, which went towards our fundraising efforts for Melrose Village.

CAR WASH



Harry's International Pte Ltd

As proud sponsors of the London to Singapore Expedition 2023, where a courageous crew of four embarked on a charitable journey from London to Singapore, Harry's embraced the spirit of giving by launching their own fundraising initiative in support of CAS. With a pledge to contribute \$1 for every pint of their Harry's Premium Lager sold, it resulted in a total contribution exceeding \$10,000.

NSL Ltd

The dedicated employees of NSL Ltd joined forces to make a meaningful impact through their annual fundraiser, NSL Love Movement. Alongside the company's one-to-one matching fund, their collective efforts raised over \$15,000 in 2023, which will be used to provide meals for the children and youths at Melrose Home.



Bryan Huang

Bryan exemplified the power of collective impact by hosting a private dinner for 40 friends, covering all expenses. Amidst laughter and camaraderie, guests had the opportunity to support CAS, creating a relaxed atmosphere for giving. Together, they raised over \$23,000!



Australia and New Zealand Association

ANZA held their Black Tie Ball 2023 celebrating 75 years of their presence in Singapore. It was an exquisite affair where guests arrived in their best shimmer to walk the sparkly carpet, enjoyed a 5-star meal and bidded on a plethora of charity prizes, and raised over \$12,000.



Australian International School

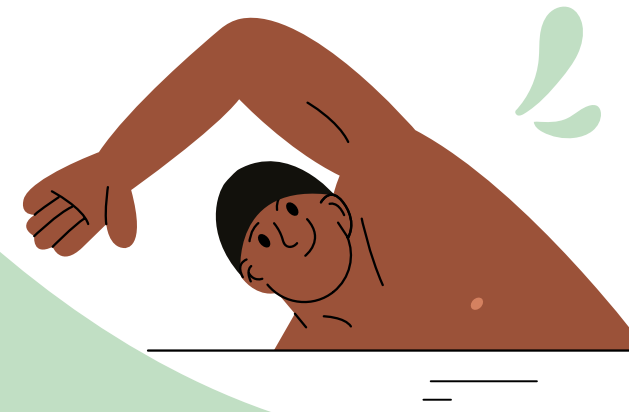
AIS held a range of fundraisers in 2023 to support CAS. These included a Shark Shave to commemorate a beloved student who bravely battled melanoma. An ensemble of the AIS community

courageously shaved their hair in solidarity. They also sold bucket hats in their house colours, hosted a Global Festival and had some uniform free days. The collective efforts culminated in over \$20,000 raised.



Elevate Performance Coaching

A group of swimmers challenged themselves to swim 10km in the waters off Sentosa to raise funds for CAS. Read on to the next page to find out more!



Splashes of Change:

Arthur & Jonathan's Charity Swim



Athletes and close buddies Arthur Tong and Jonathan Ma have been training and competing in triathlons for many years. Arthur is the founder of Elevate Performance Coaching, a Singapore based triathlon coaching service, while Jonathan is a triathlete that represented Singapore in the region back in his heyday, and trains with Elevate's Swimming Squad every week. Both of them have a passion for giving back to the community, and that's when they thought: "Why not use what we do, to support a good cause?"

For Arthur, sports is a "natural pathway" to bring about social impact, he says. As part of Arthur's job, he regularly brings swimmers out to train

in the sea at Sentosa every month. "We do it 2 to 3km every month, so we thought, why not challenge ourselves to 10km?" says Arthur.

Both men being fathers, gravitated towards a cause that supported children. That was how the idea for Open Water Swim was born, a 10km swim challenge event that aims to raise funds for CAS beneficiaries.

In 2022, the duo held their first Open Water Swim event at Sentosa, which was still a "relatively small" event at the time, says Arthur. It saw around 40 triathletes swimming along Siloso Beach to Tanjong Beach. At the end of the event, they successfully raised \$15,000.

When Arthur and Jonathan geared up to organise it for the second time in November 2023, they were surprised by the explosion of interest. Their charity swim chat group buzzed with activity, and dozens of new people began signing up on the Google sheet. In total, there were some 60 participants participating in the second run, ranging from 20 years to 70 years old.

These ranged from triathletes both within their community, and swimmers of all levels, even beginner swimmers. Swimwear brands and nutrition brands eagerly sponsored the event too.

With safety being a key priority, Arthur roped in the help of Standup Paddle Board Ventures to assist with

volunteer lifeguard duties. Swimmers took different colour-coded routes, based on their swimming ability level. They also had to swim with a safety float tied around their waist.

"Unlike our usual swim, a charity swim like this is probably five times bigger in scale and a longer distance than what our swimmers are used to... It was all hands on deck," he said. They raised over \$10,000 in that event.

On the importance of bringing people together through sports, Arthur says, "Triathlon is an individual sport but that doesn't mean you have to do it alone. Community in sport is where we find inspiration regardless of where each of us are in our journey. With a strong community, we can do some pretty amazing things... There's always an appetite to do more."



Walking Together:

Morgan Stanley's Journey with CAS

In 2023, Morgan Stanley launched a two-year partnership with CAS to support the Therapy Programme, an initiative that offers children and youths the support they need through trauma-informed and trauma-focused therapies.

Morgan Stanley is committed to giving back and creating positive change for the communities where we live and work, with a focus on the well-being and education of children and young people.



David Aronovitch, Morgan Stanley Southeast Asia CEO said,

“Giving Back is one of the Core Values for Morgan Stanley. CAS is a wonderful organisation that has a truly positive impact on the lives of the children who it supports.”

We are proud to support CAS and look forward to continuing our relationship in the future.”

Over the past year, Morgan Stanley has supported a range of volunteer events and fundraising initiatives, fostering a culture of compassion and solidarity.

On 8 July 2023, Melrose Home's children and youths were invited to Morgan Stanley Singapore's 13th Annual Charity Walkathon, which was held at Jurong Lake Gardens. Employees rallied together, raising almost \$180,000 in total to support the Therapy Programme at Melrose Home and Melrose Care. As participants walked through a scenic 5km route, they were treated to food and some entertainment in the form of an “ice-bucket” challenge, where additional funds were raised. The children and youths even had the opportunity to dunk a bucket of ice water on Morgan Stanley's sporting senior employees.



On the same day, a group of nine Morgan Stanley employees provided onsite support at CAS' Movie for Good fundraising event held at Shaw Lido Theatres. With over 300 attendees, the event proved to be a resounding success.

Further underscoring its commitment, on 19 December 2023, Morgan Stanley Singapore organised an enriching robotic workshop for Melrose Home's residents. Volunteers guided the eager participants in building and programming their robot cars to complete a series of designated tasks, such as spinning, stopping, reversing upon detecting obstacles, and even playing the cheerful tune of “Happy Birthday”.

In every endeavour, Morgan Stanley remains steadfast in its pledge to foster thriving communities. As the partnership with CAS unfolds, it stands as a testament to the enduring power of compassion and collective action, echoing Morgan Stanley's unwavering commitment to Giving Back.

Our Team

Management Team



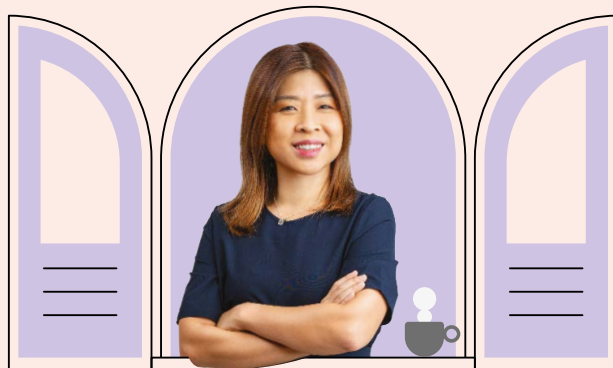
Alvin Goh
Executive Director



Mohamad Farid Bin Jaaffar
Centre Manager,
Melrose Care

Serlina Huang
Manager, Community
Partnerships

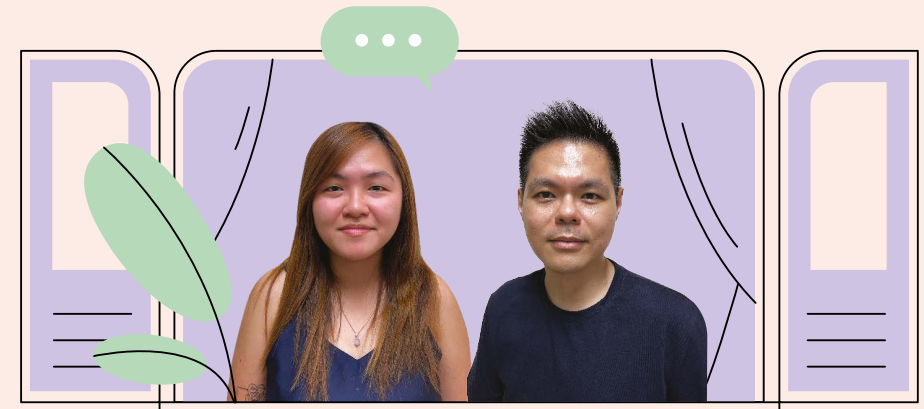
Corporate Services



Cindy Ng-Tay
Director, Melrose Home



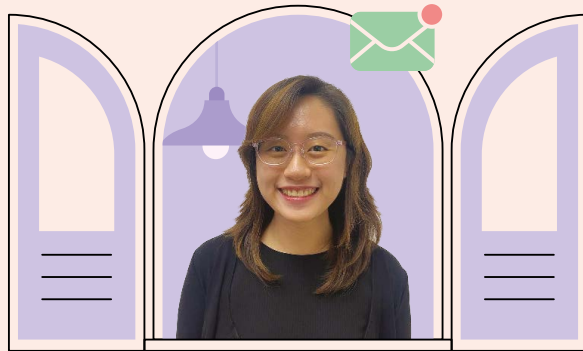
Kevin Teh
Manager, Finance & Admin



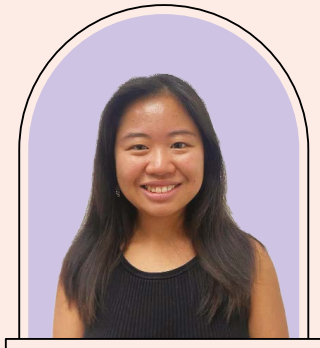
Emily

Kevin

Community Partnerships



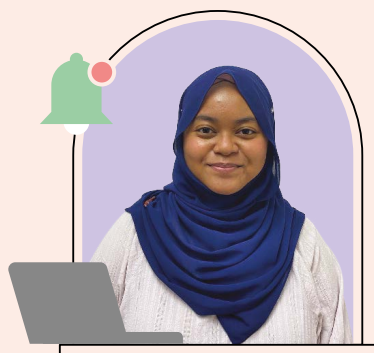
Joice



Mabel



May

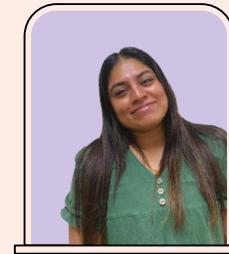


Naurah



Serlina

Melrose Home: Social Care



Ais



Cindy



Rachel

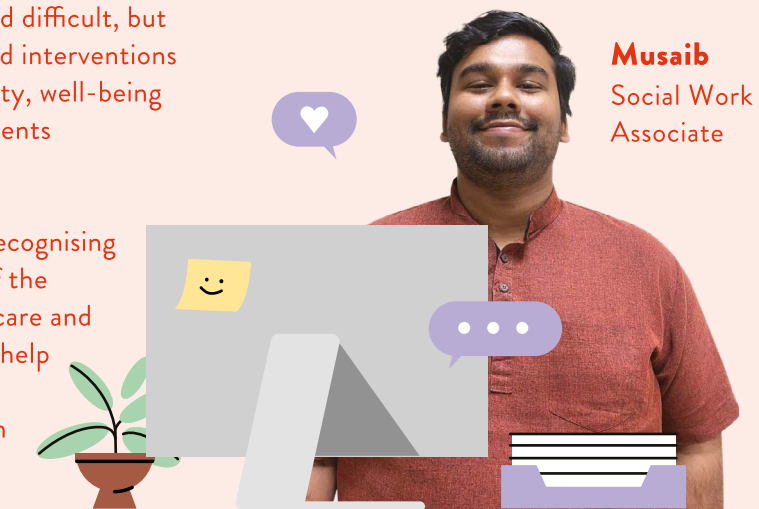
“ My most impactful moment was seeing a resident complete his O-Level. I remember him jumping up and down with happiness and sharing his results excitedly to the staff. The journey to complete his exams was off the beaten path, as he did not attend school and took the O-Level as a private candidate. I saw firsthand the dedication and effort shown by the tutors, Residential Care staff and Social Care staff to support the journey. We're very proud of him.



Xin An Ying Si

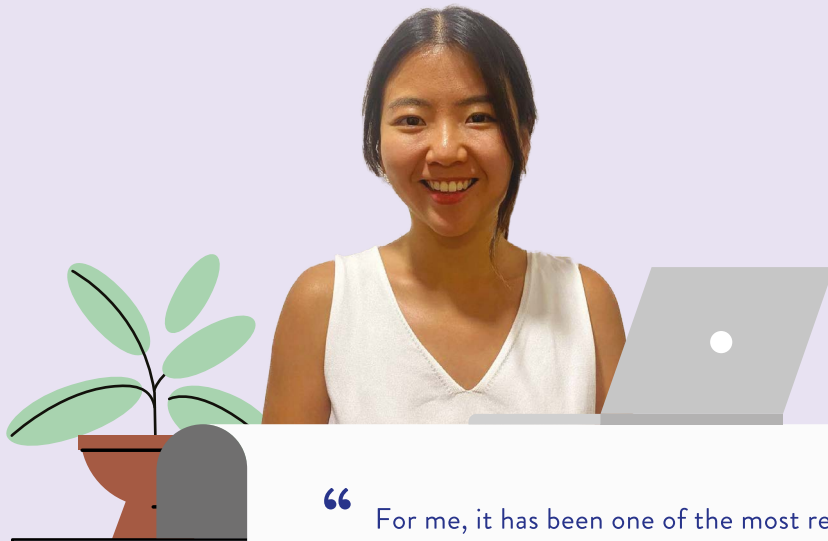
What keeps me going in this job is a sense of belief. There may be times where the work becomes challenging and difficult, but my belief that the process and interventions are in the interest of the safety, well-being and development of the residents emboldens me to keep going.

I hope for CAS to continue recognising and celebrating the efforts of the support staff involved in the care and safety of our residents. They help residents and staff to travel from location to location with ease and make sure everyone is well-fed. ”



Musaib
Social Work Associate

Melrose Care



Cherie
Art Therapist

“ For me, it has been one of the most rewarding experiences to journey with caregivers to hold space for their own difficult childhood experiences, as they learn to understand how it may impact their current relationships with their children.

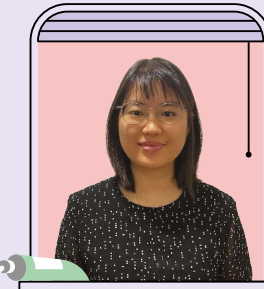
In building safety, trust and rapport to explore with curiosity and playfulness in different modalities of therapy, clients learn to connect with their needs and struggles. It's impactful to witness the ripple effect as I see how the parent-child bond improves along with the child's overall sense of well-being and development.

I'm motivated to keep going, thanks to the safety and support from my team of colleagues, inspiration from other professionals in the field through trainings, and lots of rest, food and nature.

Professionally, I look forward to deepening my practice in the interdisciplinary nature of expressive therapy and trauma work to better support children, young people and families. ”



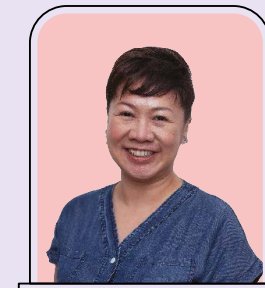
Carmmen



Gee



Javine



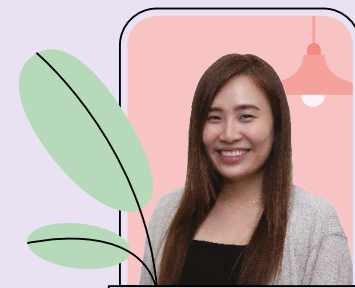
Jeanette



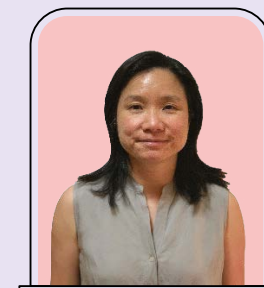
Madeline



Meizi



Charlene



Soak Mun



Farid

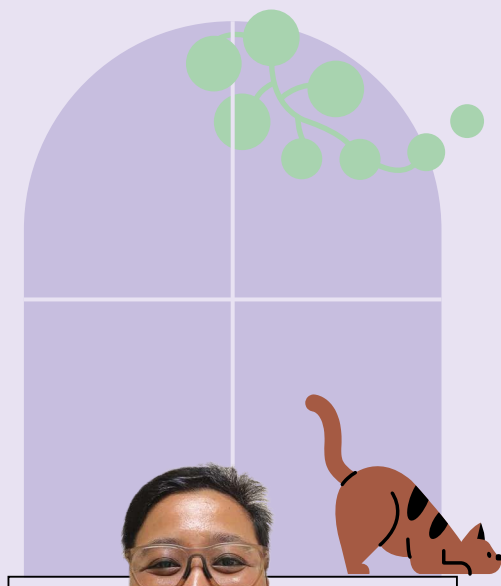
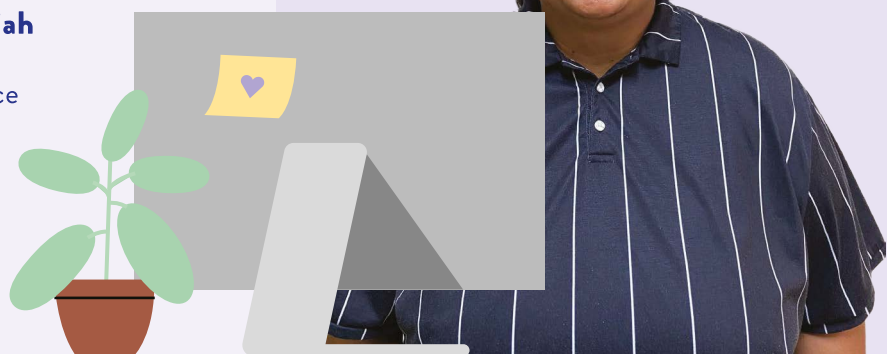
Melrose Home: Residential Care

“ The most rewarding moment for me was when the youth boys started to understand why certain structures are important. They no longer try to debate or negotiate but learn to accept it.

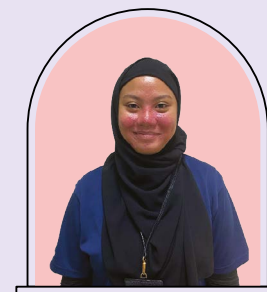
What keeps me going on to work every day is the kids. To see the residents’ changes, even an inch, makes me want to come and do more and to witness their growth.

I want to grow in my own self-esteem. On the outside, it may look like I’m confident, but the truth is that I would like to build my self-esteem up for me to stay positive. ”

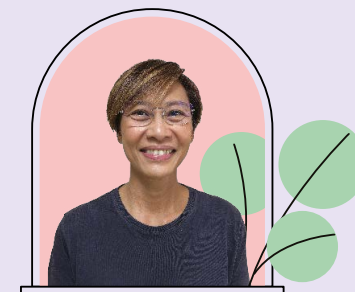
Kamariah
Senior
Guidance
Officer



Ain



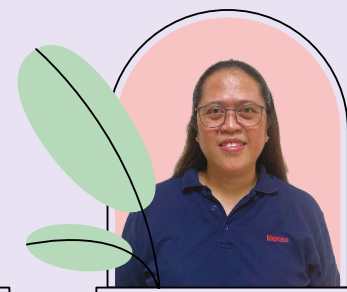
Amirah



Angeline



Cris May



Charity



Jan



Jia Yi



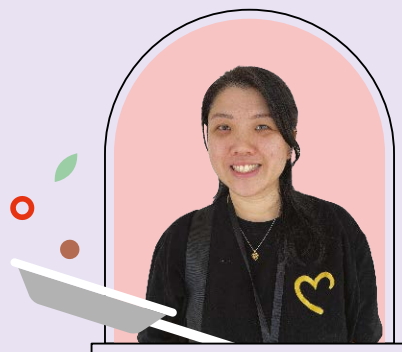
Jennilyn



Joan



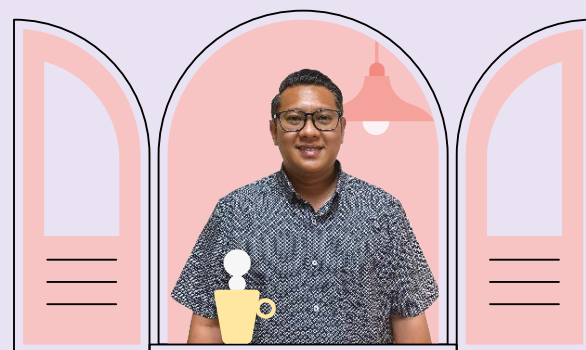
Marjorie



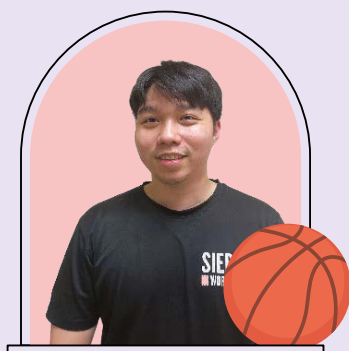
Michelle



Parveen



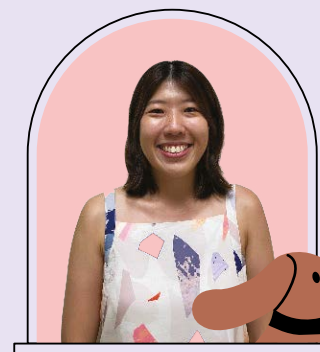
Shah



Timothy



Vas



Wan Yin

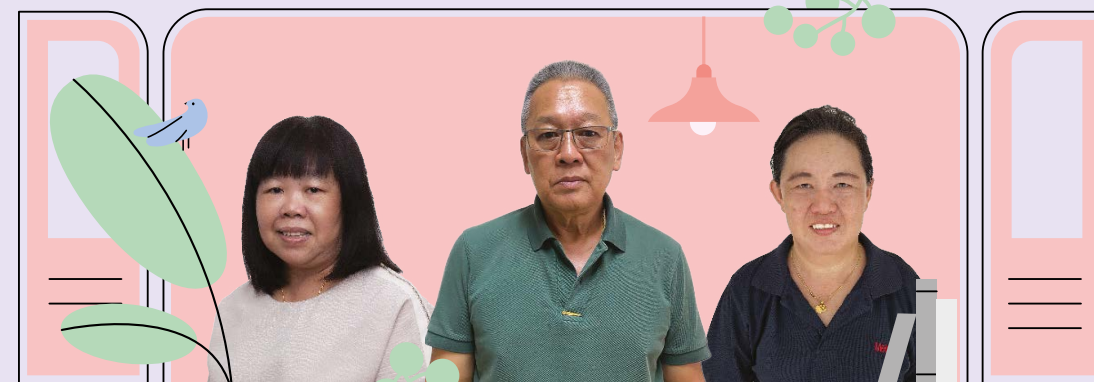


Wilfred



Winnie

Support Staff



Ms Toh

Mr Lim

Ms Jie Yan

Thank you for

Donor Acknowledgement

≥ \$100,000

In memory of the late Daniel Sng
Morgan Stanley
Singapore Totalisator Board

\$50,000 - \$99,999

Positive Design Pte Ltd

\$20,000 - \$49,999

Apex Pharma Marketing Pte Ltd
Australian International School
Pte Ltd
Chip Eng Seng Corporation Ltd
Focus Network Agencies (S)
Pte Ltd
Jane, Tien-Fu (a.k.a. Thomas
T.F. Jane)
Joseph Oetomo

Krishnan Muthappan
Laser Printing Industries Pte Ltd
Matte Black Pte Ltd
Nunchi Marine Pte Ltd
ST Telemedia
Tseng Seng Kwong Patrick
Vincent Chin Sze Heong
Yan San Metals Pte Ltd



your support!

\$10,000 - \$19,999

Ang Geok Min
Artemis Health Ventures
Pte Ltd
Australian & New Zealand
Association
Barry Henry Patrick Desker
Choong Siew Foong
Cooley SG LLP
DBS Bank Limited
Desmond Lee
Eileen Ang
Flux General Contractors
Pte Ltd
Flux Solutions Pte Ltd
Harry's International Pte Ltd
In memory of the late
Lim Kai Wei
In memory of the late
Tan Kok Hwa
Jiang Xia Internet Technology
Pte Ltd
Lee Tuan
Lim Ming Lee

Loo Leong Peow
Maybank Singapore Limited
McKinsey & Company
Singapore, Pte Ltd
Natasha Kwan Yuen Ching
Neo Group Foundation
Pang Yee Ean
Polar Puffs & Cakes Pte Ltd
Pontiac Land Group
Richzone Properties Investment
Pte Ltd
Sam Kellie-Smith
SESAMi (Singapore) Pte Ltd
Singapore Pools (Private)
Limited
Tan Chin Tuan Foundation
The Community Foundation of
Singapore
Topseller Pte Ltd, a subsidiary of
PSC Corp Ltd
Trailblazer Foundation Ltd
Wisely Holdings Pte Ltd
Zico Holdings Inc

\$5,000 - \$9,999

Andrew Yeo Khirn Hin
Anil Agarwal
Association of Process Industry (ASPRI)
Cheong Yok Keat
Delta Exports Pte Ltd
Fraser's Property Corporate Services Pte Ltd
Fu Yaw Cheng Handson
Goh Hood Keng Christopher
Goh Shaowei, Timothy
Haigang Asia Pte Ltd
Hong Leong Foundation
Hugh Lane Spollen
In memory of the late Ng Kheng
In memory of the late Teo Khim Huat
Jarrod Ong Chew Yeang
Jocelyn Kum Wan Sze
John Lim Yew Kong
Juanita Y & Henry SC Co Fund
Khoo Chiow Lian
Kuang Yong Auto
Lam Shu Mei
Lam Shu Shan
Lim Ci Wen
Lim Joo Boon
Lim Lu-Yi, Louis
Lim Yi Min Daniel Bonaventure
Lin Ruibin Rabian
Luther LLP
Malayan Banking Berhad
Mitsubishi Electric Asia Pte Ltd
Ngoi Surgery Pte Ltd
Nishant Singh
NSL Ltd
NSL Sports & Recreation Club
Rahul Gautam
Ronald Ong
RSAF
RSM Chio Lim LLP
See Tho Kai Yin
Sona Oils Pte Ltd
Tan Hai Chuang
Tan Min-Liang
Tan Wee Wee Angeline
Tay Hui Mei Cindy
Trixie Marketing
VYY Pte Ltd
Wong Wai Chan @
Mrs Jessie Phua

\$2,000 - \$4,999

Afshan Patel
Ang Nam Choon
Angeline Ho
Anupama Sawhney
Bernard Yu
Bryan Huang Diwei
Chew Teck Eng Edwin
Christina Tan Hui Tiang
Coca-Cola Singapore Beverages Pte Ltd
Cornerstone Warehousing and Logistics
David Aronovitch
Didier François Coutte
Elaine Lim
F & N Foods Pte Ltd
Fraser's Property Commercial Management Pte Ltd
Getgo Technologies Pte. Ltd.
Hong Chun Shion
Hu Michael
Ivy
Jaberson Technology Pte Ltd
Kenneth Michael Tan Wee Kheng
Kuek Yu Chuang
Lee Sow Fong
Liam Henry
Lim Chong Hwee
Lim Ho Kee
Lim Lay Har (Lin Lixia)
Lim Teck Chai Danny
Lim Thiam Chye
Lin Li Shenice
Lo Seow Hwee
Loo Choon Meng
Low Sha Ron
Malaysia Dairy Industries Pte Ltd
Marie Beng Lee Mien
Matthew Adetula
Maxime Chigot
Mondelez Singapore Sales Pte Ltd
Neo Ning Na
Ng Hui Ling (Huang Huiling)
Ong Wenjing Denise
Pauline Goh
Pemmaraju Narayan Pant
PT-G Builders Pte Ltd
Rieko Selvanathan
Shamala Sanchana
Stella Jaegar

Tarun Dhingra
Teo Lay Lin
Teo Poh Chai Sabrina
The Hokkien Foundation
UOB Reward Points Redemption
Velox Digital Singapore Pte Ltd
Vincent Charles Troy
William Hay

Winnie Wan Siew Mei
Woodburn Philip John
Xia Junwei
Yang Jieqing
Yangzheng Foundation
Yee Yeong Wee
Yuan Chi
Zuellig Pharma Pte Ltd

\$1,000 - \$1,999

Ain Jereme Bin Aziz
Allen Geoffrey Raj Xavier
Dhana Raj
Alvin Goh Chew Meng
Ang Hiang Ru Dawn
Ang Shen
Anne King Markey
Arsenal Singapore Club
Ayumi Tampi
Baranidharan Sivapatham
Benelli Clemente
Benjamin Yim Fu Chuen
Brendan Ross
Cecilia Tay
Chan Eng Chye Theodore

Chan Yeng Seng Michael John
Cheah Lu Lu
Chen Dongying
Chii Kee
Chng Choon Hui Cedric
Chong Wai Siak
Christian Stassen
Christina Teo
Chua Bing Lin
Chua Wee Koon
Chung Sook Yee
Clarence Soh
Cocoa Latte Pte Ltd
Colling Fiona Antoinette
Dan Yock Young

Daniel Lee Mai
Darren Trevor Stetzel
David Lee Eng Thong
Dawn Ng Mei Ping
Donny Fabian Pereira
Dr Warren Lee's Paediatrics,
Growth & Diabetes Centre
Pte Ltd
Eddy Quek Kok Heng
Edmund Koh Liang Teck
Elaine Lim Ti Pin
Erina Oh
Frasers Property Cuppage
Pte Ltd
Gaurav Garg
Gaurav Jain
Gena Elizabeth McCully
Geraldine Er Dai Rong
Glover Daisy Suan Eleanor
Gregory Thiery
Guan Min Liew
Hashtag Interactive Pte Ltd
Hauw Junying
Heng Bao Xiong
Ho Jun Keong
Ho Nyuk Choo Deborah Joanne
Huang Bingting
Hui Kai Tung

Industrial Sources & Minerals
Pte. Ltd.
James Chia Tong Seng
Jayanthi Gopal
Jeliane Tan
Joanna Yuan
Joel Goh Kwang Soon
Joel Tay
Jolly Owl School House -
Lighthouse Educare Pte Ltd
Josephine Koh Li Hia
Joy Kwek
Juliana Huang
Justin Koh Kok Ong
Kapil Trikha
Kenneth Teo
Khoo Sze Wee
Koh Teow Huat
Kok Cheang Hung
Kuan Zhan Peng
Lai Choi Kuen
Lai Kum Chow
Lai Su Yim
Lai Ye Chuen
Lai Yuen Ling, Kelly
Lee Chee Keong
Lee Hui Peng
Lee Liu Yi

Lee Siok Peng, Dawn
Lee Wai Tuck
Leonora Liow Kim Choo
Leroy Edgar McCully
Lewis Public Relations Pte Ltd
Li Kexin
Lim Puay Lian Geraldine
Lim Siew Wah
Lim Soon Hock
Lim Weng Kin Anthony
Lim Yen Mie Betty
Loke Jia Rong Dennis
Louis Koh Liang Ping
Loy Sook Heng
Lui Leonard Richard
Ma Kuan Chau Jonathan
Manraj Singh Sekhon
Matthew James Norman
Michael Baruffi
Michael Doyle
Mong Cian Cang
Motion Shipping & Trading
Pte Ltd
Narbutaitis Tomas
Neil James Falconer
Ng Boon Teck Lawrence
Ng Cho Weng
Ng Rui Cheng Eugene

Ngoi Siew Cheng Adeline
Nigel Sumner
Nuguid Leigh Anne
Olivier de Poulpiquet
Ong Chee Heng
Ong Leong Hee
Ong Sian May
Qiu Caiyun
Rachel Tan
Rachel Teo Hui Choo
Reinvend Solutions Pte Ltd
Rikhith Badalia
River Valley Shopping Centre
Pte Ltd
Roland Jeurissen
Ryan Koh
Sarnayak Rahul Narayan Rao
Seah Biow Yim Eileen
Serina Goh Swee Lin
Shane Kariwow
Siddhartha Bhattacharya
Sim Theresa Nee Wong
Siew Chun
Song Yanying
Stephen Yeap Beng Chye
Swapnil Somvanshi
Takanori Nakai
Tampines Chinese Temple

Tan Boon Guan Augustine
Tan Cheng Teng
Tan Chia Ling
Tan Chin Cheong
Tan Gui Fang Edlyn
Tan Jee Lim
Tan Lay Hoon
Tan Li Yue
Tan Meow Cheng Debbie
Tang Qian
Tanglin Trust School Limited
Tanu Thakur
Tariq Ahmad
Teh Kok Peng
The Content Collective Pte. Ltd.
The Executive Centre Singapore
Pte Ltd
Tong Bee Keng
Vijay Vaidyanathan
Vincent Go
Wee Joon Shiang
Woo May Wen
Wu Peihui
Yap Jun Wen Wayne
Yeap Kok Siong
Yeo Ken Jin Ivan
Yeo Yek Beng
Yeo Yun Lin Naomi

Yih Shiau Wen Patricia
Yong Boon Fatt
Yong Jiahao
Yukiko Hirahara
Zhonghua Secondary School



Financial Overview



Our Financials

Statements of Financial Activities

Year Ended 31 December 2023

	2023			2022		
	Unrestricted Funds(\$)	Restricted Funds(\$)	Total (\$)	Unrestricted Funds(\$)	Restricted Funds(\$)	Total (\$)
Income						
Donation	1,485,065	3,317,261	4,802,326	1,400,143	411,182	1,811,325
Fee income	107,274	-	107,274	-	88,428	88,428
Government grants	195,120	2,097,943	2,293,063	162,600	1,986,768	2,149,368
Gifts in kind	76,120	-	76,120	125,264	-	125,264
Total income	1,863,579	5,415,204	7,278,783	1,688,007	2,486,378	4,174,385
Expenditure						
Administrative expenses	(55,236)	(16,292)	(71,528)	(26,512)	(22,121)	(48,633)
Auditors remuneration	(27,500)	-	(27,500)	(25,500)	-	(25,500)
Bank charges	-	(1,836)	(1,836)	-	(1,931)	(1,931)
Food expenses	(112,649)	(74,749)	(187,398)	(13,852)	(178,822)	(192,674)
Central provident fund	(316,079)	(114,087)	(430,166)	(86,233)	(285,589)	(371,822)
Residents expenditure	(287,469)	(260,431)	(547,900)	(113,475)	(240,054)	(353,529)
Depreciation of property, plant and equipment	(134,958)	(73,334)	(208,292)	-	(161,259)	(161,259)
Depreciation of right-of-use asset	-	(209,801)	(209,801)	-	(209,801)	(209,801)
Fee waiver programme	(67,813)	-	(67,813)	(37,360)	(8,435)	(45,795)
Foreign workers levy	-	(39,298)	(39,298)	-	(53,066)	(53,066)
Housekeeping supplies	-	(10,268)	(10,268)	-	(33,645)	(33,645)
Insurance	(11,058)	(18,616)	(29,674)	(10,777)	(16,799)	(27,576)
Medical	-	(37,870)	(37,870)	-	(9,721)	(9,721)
Miscellaneous	(607)	(17,427)	(18,034)	-	(21,203)	(21,203)
Interest expense	-	(14,554)	(14,554)	-	(19,777)	(19,777)
Professional fees	(103,984)	(4,200)	(108,184)	(59,061)	-	(59,061)
Reversal of provision for unutilised leave	3,205	16,112	19,317	3,781	(3,588)	193
Repairs and maintenance	-	(269,854)	(269,854)	-	(105,290)	(105,290)
Telephone	-	(12,525)	(12,525)	-	(10,174)	(10,174)
Salaries	(828,040)	(1,968,115)	(2,796,155)	(577,763)	(1,913,181)	(2,490,944)
Staff training	-	(34,909)	(34,909)	-	(14,665)	(14,665)
Staff welfare	-	(7,868)	(7,868)	-	(1,769)	(1,769)
Government Service tax expenses	(2,117)	-	(2,117)	(1,707)	-	(1,707)
Transportation	-	(21,778)	(21,778)	-	(29,007)	(29,007)
Rental of equipment	-	(2,346)	(2,346)	-	(2,324)	(2,324)
Utilities	-	(68,420)	(68,420)	-	(72,675)	(72,675)
Total expenditure	(1,944,305)	(3,262,466)	(5,206,771)	(948,459)	(3,414,896)	(4,363,355)

Statements of Financial Activities

Year Ended 31 December 2023

	2023			2022		
	Unrestricted Funds(\$)	Restricted Funds(\$)	Total (\$)	Unrestricted Funds(\$)	Restricted Funds(\$)	Total (\$)
Other income/(losses):						
Interest income from deposits at amortised cost	51,732	-	51,732	12,067	-	12,067
Dividend income from investments	72,337	-	72,337	72,305	-	72,305
Interest income from deposits and financial assets at FVTPL	172,793	-	172,793	136,352	-	136,352
Members' subscriptions	400	-	400	650	-	650
Other income	107,278	-	107,278	188,548	-	188,548
Gain/(loss) on disposal of financial assets at fair value through profit or loss ("FVTPL")	52,316	-	52,316	(123,785)	-	(123,785)
Gain/(loss) in fair value of financial assets at FVTPL	208,870	-	208,870	(183,960)	-	(183,960)
Total other income	665,726	-	665,726	102,177	-	102,177
Total surplus/(deficit) for the year	585,000	2,152,738	2,737,738	841,725	(928,518)	(86,793)

Statement of Financial Position

As at 31 December 2023

	2023 (\$)	2022 (\$)
Assets		
Non-current assets		
Property, plant and equipment	820,407	1,020,773
Right-of-use assets	280,071	489,872
Total non-current assets	1,100,478	1,510,645
Current assets		
Financial assets at fair value through profit or loss	9,070,202	8,599,434
Trade and other receivables	90,480	63,230
Other non-financial assets	181,021	149,357
Cash and cash equivalents	5,894,463	3,496,953
Total current assets	15,236,166	12,308,974
Total assets	16,336,644	13,819,619
Funds and Liabilities		
Funds		
Unrestricted fund		
General funds	6,949,082	7,514,099
Restricted funds		
BNP Fund	-	24,401
Clementi Melrose Village Fund Asset Capitalisation Reserve	8,302,503	4,989,243
National Council of Social Service	76,307	72,307
	9,896	-
	8,388,508	5,085,951
Total funds	15,337,788	12,600,050
Non-current liabilities		
Lease liabilities	80,973	309,237
Provisions	191,675	187,087
Total non-current liabilities	272,648	496,324
Current liabilities		
Other payables	497,944	500,444
Lease liabilities	228,264	222,801
Total current liabilities	726,208	723,245
Total liabilities	998,856	1,219,569
Total funds and liabilities	16,336,644	13,819,619

Reserve Policy

The reserves ratio (general fund / total resources expanded) of CAS's General Fund is 1.33 (2022:1.61). The reserve of CAS provide financial stability and the means for the development of its activities. CAS intends to maintain the reserves at a level sufficient for its operating needs. The EXCO review the level of reserves regularly for CAS's continuing obligations.

Statement of Cash Flows

Year Ended 31 December 2023

	2023 (\$)	2022 (\$)
Cash flows from operating activities		
Net surplus / (deficit) resources for the year	2,737,738	(86,793)
Adjustments for:		
Interest income	(224,525)	(148,419)
Dividend income	(72,337)	(72,305)
Depreciation of property, plant and equipment	208,292	161,259
Depreciation of right-of-use asset	209,801	209,801
Interest expenses on lease liabilities	9,966	15,300
Change in fair value of financial assets at fair value through profit and loss ("FVTPL")	(208,870)	183,960
(Gain) / Loss on disposal of financial assets at FVTPL	(52,316)	123,785
Operating cash flows before changes in working capital	2,607,749	386,588
Trade and other receivables	(27,250)	(11,221)
Other non-financial assets	(31,664)	(23,778)
Other payables	(2,500)	90,221
Provisions	4,588	4,477
Net cash flows from operating activities	2,550,923	446,287
Cash flows from / (used in) investing activities		
Purchase of property, plant and equipment	(7,926)	(47,997)
Purchase of financial assets at FVTPL	(17,252,338)	(23,377,133)
Proceeds from sale of financial assets at FVTPL	17,042,756	23,193,745
Dividend received	72,337	72,305
Interest received	224,525	148,419
Net cash flows from / (used in) investing activities	79,354	(10,661)
Cash flows used in financing activities		
Repayment of lease liabilities	(232,767)	(232,768)
Net cash flows used in financing activities	(232,767)	(232,768)
Net increase in cash and cash equivalents	2,397,510	202,858
Cash and cash equivalents, statement of cash flows, beginning balance	3,496,953	3,294,095
Cash and cash equivalents, statement of cash flows, ending balance (Note 13)	5,894,463	3,496,953

Disclosure of Remuneration Staff

The annual remuneration of the top key executive of CAS exceeds \$100,000 but did not individually exceed \$200,000.

Board

The members of EXCO are volunteers and receive no monetary remuneration for their contribution, except for reimbursement of out-of-pocket expenses, if any claimed. There are no paid staff who are close members of the family of the EXCO, and whose remuneration each exceeds \$50,000 during the year.

Join Us In Transforming Lives

Be part of our mission to transform lives! Champion this meaningful cause alongside us and make a difference in the lives of our children and youths.



① PayNow / PayLah

Scan the QR code using PayNow-compatible mobile payment apps.

② Cheque

Cheque should be made out to “Children’s Aid Society”.

Mail To:

Children’s Aid Society
556 Woodlands Drive 53 #01-59, Singapore 730556

Attention:

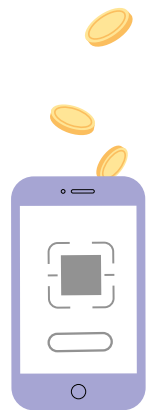
Community Partnerships

Email:

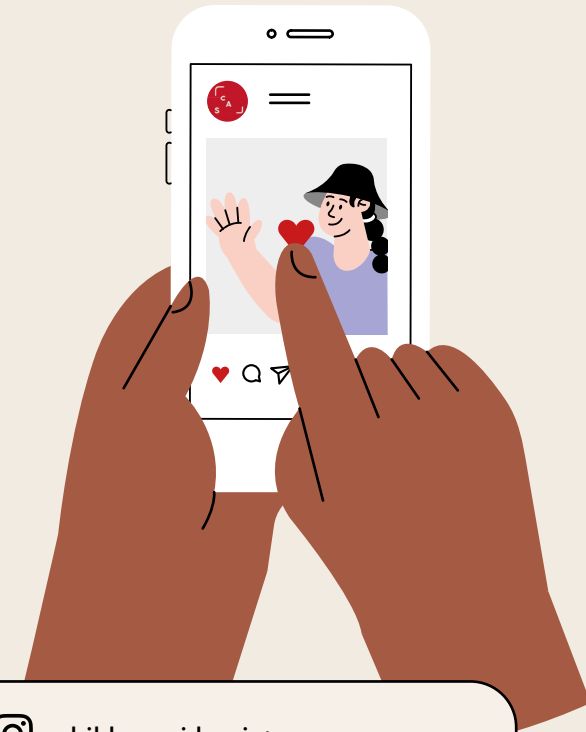
partnerships@childrensaidsociety.org.sg




All outright donations of \$10 and above are eligible for 250% tax deduction.

For more information, reach out to us at 6970 0980.



Follow us and stay connected!



-  [childrensaidsocietysg](#)
-  [Children’s Aid Society – Singapore](#)
-  [Children’s Aid Society \(Singapore\)](#)



FOUNDED IN 1902

**Children's Aid Society
is a Member of NCSS**

IPC No.: IPC000456

UEN: S62SS0031K



childreidsocietysg

☎ 6970 0980

✉ partnerships@childreidsociety.org.sg

🌐 www.childreidsociety.org.sg



📍 35 Boon Lay Ave, Singapore 649962

☎ 6466 5758

✉ ask@childreidsociety.org.sg



📍 557 Woodlands Drive 53 #01-63,
Singapore 730557

☎ 6970 0971

✉ melrosecare@childreidsociety.org.sg